



WORDS OF HOPE

A newsletter for cancer patients, friends, and families

Gems of Hope Inc. is located in the Sister Mary Lawrence Community Center- 420 6th St SE Ste 140 Cedar Rapids, IA

Hello to All! It has been a busy fall for Gems of Hope. After settling into our new office space at the Sister Mary Lawrence Community Center, we enjoyed showing off our “new digs” at the ribbon cutting ceremony and dedication of the newly renovated building on September 15th (see the picture below). We had a booth at the last Downtown Farmer’s Market of the season and enjoyed seeing many of you and meeting new friends. Our annual Lindale Mall Ladies Night Out event in October was a huge success as we unveiled a new “gift of hope” to be included in our baskets at the treatment offices. Over 75 women attended and made cards and bookmarks for cancer patients.

We urge you to find out more details about Gems of Hope in this newsletter. Look for our workshop schedule and other volunteer opportunities so you can become a valuable addition to the Gem’s family.

Have a very Merry Christmas and a joyous New Year!



Holiday Promotion!

Siegel’s Jewelry has a great event coming up for the Holiday season that will benefit Gems of Hope. Gems has created special ornament cards with earrings that will be available throughout the promotion. Watch for advertisements in the Gazette and on Facebook to see if you qualify for a gift. **Thank you Siegel’s for your generosity to Gem’s and the entire community.**



Introducing our newest “Gem”

In October, Gems distributed bookmarks in our “gift of hope” baskets for cancer patients to take as a gift as they are receiving treatment. The bookmarks are beaded ribbons and will be available for volunteers to make along with earrings at our beading workshops. Judy Sampson is the lead facilitator for our new “Gem”. Thanks Judy for your hard work getting this new product underway. We hope patients will enjoy the new gift option.



Upcoming Events

- **What About Us?** Children's Session Feb.4
- **Beyond Rubies Workshops** March 15, 16
- **GOH Ride - Bike fundraiser** May 13

Children’s Group-Ages 5-12

The next What about Us? session is scheduled for Saturday, February 4th from 10:00 a.m.-2:30 p.m. at our new location. Social workers lead the kids through various activities to help them cope with a cancer diagnosis in their family. The session concludes with yoga. Lunch is provided. Call the Gems office at 393-9681 to reserve a spot.



Visit us online at www.gemsofhope.com

Kennedy Students are on the Prowl!

Once again the Kennedy High School Student Government has come through for Gems of Hope. Twice a month they devote time making the Gems of Hope cards that we gift to cancer patients. The students create 100 cards each month. We appreciate the time and effort of these young volunteers as they support cancer patients in our community.

THANK YOU COUGARS!



Office Hours

Monday: 1-4 p.m.
Tuesday: 1-4 p.m.
Wednesday: 10 a.m.-Noon
 1-4 p.m.
Thursday: 1-4 p.m.
Friday: 10 a.m.-Noon

Art Therapy.....December 8th 5pm

Please join **St. Luke's and Physicians' Clinic of Iowa Hematology and Oncology** for an upcoming art class for cancer patients, their friends and family members. All materials will be provided. Please join us for a fun, relaxing evening. No art experience is required. Class participants will make simple and attractive holiday ornaments and gifts from a variety of art materials. Plan on taking your creation home with you after class that evening.



All classes are free and held at St. Luke's Cook Cancer Wellness building, 810 First Ave. NE, Cedar Rapids.

If you have questions, please call 319/369-7116.

New Center ahead of Schedule



The Hall-Perrine Cancer Center represents the next chapter in Mercy's long legacy of providing the very best cancer care to our community. The area's finest cancer specialists will provide

fully integrated, patient-centered cancer care in one location, close to home. The 85,000 sq. ft., state-of-the-art facility will open in the spring of 2012.

**Want to become a
 Gems of Hope volunteer?
 Contact us at 393-9681 or
www.gemsofhope.com**

Workshop Schedule

All workshops meet from 6:30-7:30 p.m.

	Date	Location
Beading: Earrings & Bookmarks	Dec. No workshop	
	Jan. 10	St. Luke's Heart Ctr.
	Feb. 14	Mercy Medical Ctr.
	March 13	St. Luke's Heart Ctr.
Card-making:	Dec. No workshop	
	Jan. 10	Mercy Medical Ctr.
	Feb. 14	St. Luke's Heart Ctr.
	March 13	Mercy Medical Ctr.
Beading & Card-making:	Dec. No workshop	Benchmark Inc.
	Jan. 17	Benchmark Inc.
	Feb 21	Benchmark Inc.
	March 20	Benchmark Inc.
Workshop Locations:	Benchmark Inc. 6065 Huntington Ct. NE- Conference Room St. Luke's Heart Ctr. 1026 A Ave NE- 3 rd floor Mercy Medical Ctr. 701 10 th St SE	



Words of Hope printed courtesy of
 Mercy Medical Center



Visit us online at www.gemsofhope.com

